



The Mu Tauker

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The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.

The Delta Kappa Gamma Society International

Texas State Organization

Area 1 Chapter 307 Mu Tau Chapter

Cedar Creek Lake Area

Leading Women Educators Impacting Education Worldwide

Nancy's Notes



JOURNEY
Which way will you go?

It is really true that time flies! It seems like yesterday that we were gathering for our Christmas party, and now it is Valentine's! I'm not really sure what happened to January, but I am sure my New Year's resolutions are not working out very well.

The Christmas party was wonderful. Mary Ann Gregg provided delicious food. We were delighted to have our Area 1 Coordinator, Marsha Edney, join us. It was so nice just to visit with all of our sisters. As I have said before, this is a tremendous chapter with wonderful, dedicated members. It makes my presidency so much easier knowing I have so many that I can rely upon. For those who were not able to attend, I am sorry you missed out on a truly great evening.

The Executive Board met in January. We discussed preparations for the rest of our meetings. Since we are not having a meeting in March, we discussed the best way to nominate prospective members. Hopefully everyone received the email and sent your nominations to Beverly Hart. We will discuss and vote on prospective members at our February meeting. This will allow time for orientation for the prospective members with induction in April. We will discuss location and details at the meeting on Monday. I hope all of you can attend the meeting.

I hope everything is going well for all of you. I'm looking for to seeing you on Monday!

—Nancy



Mu Tau Meeting

Monday, February 13, 2023

5:00 PM

Tri-County Library

Mabank

Hostesses: Mindy Marder; Tara Sapp, Monica Fortenberry, Dana Parker, Kathy Clardy

Meaningful Moments

Mindy Sutton

Program: Book Review

Annie Webb Blanton

Mu Tau Projects

Little Free Libraries

Boxtop\$ for Education

Mu Tau Scholarship

Schools for Africa

SEE

Forever Families

Happy Valentine's Day!



Find us: <http://dkgtxmutau.weebly.com>

Webmaster Pam Gromley

www.dkg.org

www.dkgtexas.org

Mu Tau calendar 2022-2023

February 13, 2023	Book Review, Tri-County Library
March, 2023	Orientation of new members, TBA
April 10, 2023	Induction of new members
May 8, 2023	DKG Founders Day, Tri-County Library
June 14-17, 2023	94th TSO Convention, McAllen, TX
July 18-22, 2023	International Conference, Phoenix, AZ

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The Delta Kappa Gamma Society International

Mu Tau Chapter

Treasurer's Report February 1, 2023

BALANCE 12-1-2022	\$2,622.50
Deposits	245.00
Total Available	\$2,867.50
Disbursements :	
Convention State & Int.	500.00
(Previously reported but now through bank)	
Christmas Meal	245.00
Checks	31.25
Statement Fee	4.00
Total Disbursements	\$780.25
BALANCE 12-30-2022	\$2,087.25

This report is with the Dec. 22 Bank statement.

Jan. 23 statement not received by this report.

Outstanding Checks: TCL for \$150

ASTE F for the 3 Areas @ \$30 each=\$90.00

But receipts in from ASTEF

(The above should be in the newest bank statement.)

Scholarship Fund= \$1,138.69

Libby Horton, Mu Tau Treasurer



Mu Tau Executive Board 2022-2024

President

Nancy McDonald

First Vice President

Mindy Sutton

Second Vice President

Beverly Hart

Recording Secretary

Mary Ann Gregg

Corresponding Secretary

Angela Barton

Treasurer

Libby Horton



Parliamentarian

Janice Sutton

Immediate Past President

Monica Fortenberry

The Mu Tauker Editor

Lavonne Dennis



Christmas at Nancy's house

Oh, Tannenbaum!

Minutes of the Mu Tau Chapter Meeting

Nancy McDonald's home, Mabank, Texas

December 12, 2022, at 5:00 pm

President Nancy McDonald called the meeting to order at 5:02 pm. Sixteen members were present: Angela Barton, Lavonne Dennis, Monica Fortenberry, Mary Ann Gregg, Beverly Hart, Libby Horton, Barbara Jedlicka, Thelma Stegman, Kim Johnson, Nancy McDonald, Jean Robinson, Tara Sapp, Amanda Schmidt, Melody Stephenson, Janice Sutton, and Mindy Sutton. Area One Coordinator Marsha Edney was present.

Hostesses Amanda Schmidt, Libby Horton, and Mary Ann Gregg served the meal entitled "A Taste of Italy," which was designed around authentic Italian ingredients and flavor profiles. The menu was as follows:

- Tagliere di salumi--charcuterie boards featuring Italian meats, cheeses, and olives, as well as fruits, crackers, and dipping sauces
- La Bruschetta—toasted Italian bread with fresh garlic butter
- Insalata Caprese--spinach, tomatoes, fresh mozzarella cheese dressed with Balsamic vinegar reduction glaze
- Lasagna
- Crostata al cioccolato--chocolate tart topped with fresh raspberries

Special guest Area One Coordinator Marsha Edney expressed appreciation for the invitation and made complimentary remarks about Mu Tau chapter. Then she presented President McDonald with a small stool as a token reminder of the constant support from her sisters in DKG.

Amanda Schmidt gave Meaningful Moments on the duality of December. Whereas December is the month of celebration, it is also a time to slow down and reflect. December is a time to cherish family and friends, attend celebrations, and get together. However, December is also a time to slow down and reflect. This reflection can set a positive tone for the new year to come.

Nancy McDonald gave a history her home, the property, and its evolution from conception to present day. She invited all to look around and led a tour through the first floor.

Members discussed Mu Tau's donation to Tri-County Library.

President McDonald adjourned the meeting at 6:30 pm.

Mary Ann Gregg, recording secretary

Nancy McDonald, president

ΔΚΤ



94th TSO Convention. McAllen, Texas. June. 2023

Mu Tau birthdays

Angela Barton, 2/27

Libby Horton, 2/8

DeAnna Smith, 2/25



Part of the tour—

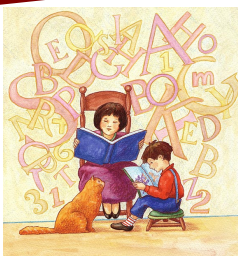
Surely the envy of every little girl—her own space at Nana's house!



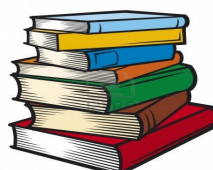
Proud Mary! Look what our foodie chef made for us at Christmas.

Note: Boxtop\$ help our schools help our kids. Boxtop\$ are now to be submitted by photos from your smart phone.

BOXTOP\$ for education



Donate **used** books to help stock Mu Tau's Little Free Libraries at Northpark and Cherokee Shores.



Bring the books to Mindy Marder or Beverly Hart. Reading helps people in our communities to become better readers and perhaps better citizens.

Minutes of the Mu Tau Executive Board Meeting

Janice Sutton's home, Mabank, Texas

January 9, 2023, at 5:00 pm

President Nancy McDonald called the meeting to order at 5:02 pm. Seven members were present: Nancy McDonald, Beverly Hart, Janice Sutton, Libby Horton, Mary Ann Gregg, Lavonne Dennis, and Mindy Sutton.

Marsha Edney sent correspondence thanking Mu Tau for inviting her to the December Christmas dinner meeting.

Mindy Sutton discussed her plans for the February program: a book review to be given by Linda McQuaid from Kappa Phi chapter, Chandler, Texas. The book is titled **Annie Webb Blanton**, by Clara Parker. The hardback version is available on Amazon for \$25, and the paperback version is available for \$7.

The board discussed prospective members, DKG Induction, and the dates and locations for these events.

- Beverly Hart and Lavonne Dennis will send an email to the membership.
- Presentation of prospective members and voting will happen at the February 13th meeting.
- Orientation will be held before Induction on April 10th. Location and time for Orientation TBA.
- Lavonne Dennis will inquire about Induction at First Presbyterian Church, Mabank.
- If there are no prospects, the April 10th meeting will be at the Tri-County Library, Mabank.

Libby Horton wrote a \$150 check for donation to the Tri-County Library on behalf of Mu Tau. Beverly Hart will deliver the check and have a picture made to send to the newspaper.

Founders Day program will be in May. Ceremonies committee members are Lavonne Dennis, Barbara Jedlicka, Thelma Stegman, and Trudy Watson.

State Convention is June 14-17 in McAllen, Texas.

President Nancy McDonald adjourned the meeting at 6:18 pm.

Mary Ann Gregg, recording secretary

Nancy McDonald, president



More merriment at the McDonald house

Member Spotlight

Mary Ann Gregg Confessions of a Foodie



It wasn't love at first sight, my love affair with food. At seven years old, while eating dinner at a friend's house, I remember her mother encouraging me to eat. "You eat like a bird," she remarked, as I pushed the corn niblets around on my plate. Mother later explained that eating like a bird was not a compliment.

My evolution from picky to foodie was gradual. Here are some of the milestones, if you're interested. Who knows, you may be a foodie, too!

Picky eating started losing ground during ice cream socials and Sunday potlucks at the First Presbyterian Church in Del Rio, Texas. I watched and wondered at all the people smiling, laughing, and enjoying all kinds of mysterious fare. It was there that I first met foodies. **Dictionary.cambridge.org** defines *foodie* as a person who loves food and is very interested in different types of food.

"No pain, no gain" meant something different for me in the late 60's and early 70's: The pain that Pizza Hut pepperoni pizza could inflict on the roof of my mouth and the reward of a mug of frosty A&W root beer to soothe said burn. The burn of jalapeno peppers juxtaposed with acidic juicy tomatoes, and the bite of white onions in salsa from an authentic Mexican restaurant.

By the late 70's, I ate almost everything except Brussels sprouts, liver, and olives. I learned how to use a stand mixer and to bake a cake on Saturday afternoon for dinner that night. My practical cooking skills, however, were quite limited.

Fast forward to life in Dallas, Texas, as a twenty-something. Friends from all different backgrounds took me to all their exotic and delightful restaurants. Yes, restaurants. Cooking skills still zilch. Pickiness, a distant memory.

Eventually, I found myself at Cedar Creek Lake in 1991 and found myself learning to make copycat versions of all the dishes I could not find locally. Learning to cook them was my only option.

Urban Dictionary describes a *foodie* as a person that spends a keen amount of attention and energy on knowing the ingredients of food, the proper preparation of food, and finds great enjoyment in top-notch ingredients and exemplary preparation.

Another confession: I truly did not intend to create cake snobs of my children, but it happened. Both of my older sisters baked and decorated cakes for people while they stayed home and raised their kids. Naturally, I took up our family's tradition and did the same for a few years. I loved being called "The Cake Lady," by customers and little kids whose birthday cakes I created.

In my Cake Lady phase, my sons were my official beater and bowl cleaners, if you know what I mean. They became cake-and-buttercream-icing connoisseurs and could spot an icing prepared with shortening a mile away. Like I said, it was not intentional.... I digress.

Fast forward to 2020. I was adjusting to being a mother of two married sons (I love it!) and falling back in love with cooking and the kitchen. Charcuterie boards were the newest thing, and I discovered something called Cottage Industry baking. So, I decided to become a serious student of The Great British Baking Show and all cooking shows on TV. (Stay tuned for more information on the Cottage Industry baking part.)

I also discovered that not everyone shared my passion about food, but most people enjoyed eating my experiments and really did not mind being guinea pigs. (My dear mother would be horrified if she knew I served food to people that I had not already practiced making once or twice beforehand.)

So, there it is. A brief history of my transformation from picky eater to full-blown foodie. If you ever want to talk food, cooking, baking, etc., I'm your girl. And like I said earlier, stay tuned for more about the Cottage Industry baking thing.

P.S. Brussels sprouts are tied with broccoli and kale as my favorite green vegetables! Not sure if I will ever fall in love with liver or olives. Oh, well!